

MOTION BY CHAIR HILDA L. SOLIS

September 20, 2016

MOTION TO DECLARE SEPTEMBER 22-28, 2016 “FALL PREVENTION AWARENESS WEEK” IN LOS ANGELES COUNTY

It is estimated that 11.5 percent or approximately 1,140,000 residents of Los Angeles County are 65 years of age or older; and that one out of every three adults over the age of 65 will fall each year. Falling and the fear of falling can lead to depression, isolation, diminished mobility, and loss of functional independence.

Although the risk of falling increases with age, falls are not inevitable and can be reduced. The Fall Prevention Coalition - Los Angeles and its member organizations, which include Community and Senior Services, Department of Public Health and other groups are making a concerted effort in Los Angeles County to reduce falls and fall-related injuries among older individuals during the week of September 22-28, 2016 by educating older Angelenos and service providers about ways to reduce fall risk by providing posters, handouts, and placemats in community centers, senior housing, congregate meal sites, medical centers, and hospitals.

I, THEREFORE, MOVE that the Board of Supervisors join the State (Senate Concurrent Resolution 77-2008) by declaring September 22-28, 2016 as Fall Prevention Awareness Week with this year’s national theme, “Ready, Steady, Balance: Prevent Falls in 2016” in Los Angeles County and commend the Fall Prevention Coalition - Los Angeles’ efforts to educate our community about fall prevention. I further move that the

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KNABE _____

ANTONOVICH _____

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Board of Supervisors encourage all citizens and interested groups to observe the week with appropriate activities that promote awareness of fall prevention.

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